



As a School Counselor, I have the opportunity to work with students individually as well as in small groups. The topics I cover vary depending on the needs of the students. Some topics include friendship, study skills, social skills and even dealing with divorce, a new family member, or making healthy decisions. I typically see student 8-10 times for short-term counseling including follow up. While I do not provide therapeutic counseling services, short term, preventative group and individual services has shown to be very effective.

In order to build trust with the child, I will keep information confidential, with some possible exceptions. Because these services are provided to minor children in the school setting the counselor is required by law to share information with parents or others in the event the child is in danger, or disclosing of harm to self or others. The counselor will make the child aware of these limits to confidentiality and will inform the child when sharing information with others.

Your child \_\_\_\_\_ has been invited to participate in Counseling Services for:

Individual

Group

We will meet \_\_\_\_\_ times, typically one time per week for \_\_\_\_\_.

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 Yes, I give permission for my child \_\_\_\_\_ to meet with the School Counselor.

No, I choose not to use this service at this time.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Home phone/Work phone/Cell phone

\_\_\_\_\_  
E-mail address

\_\_\_\_\_  
Child's Teacher

\_\_\_\_\_  
Grade

Please include any helpful information about your child: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I appreciate you taking the time to fill out this form and **return it to the school office.**

Thank you!

Jill Kaminski, MA, PPS

School Counselor

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Saratoga Unified School District