



## Sonya Moore-Wells

is a Speaker, Coach & Consultant with a passion to help parents discover how to thrive in their relationships by using positive parenting approaches. Sonya has over 25 years of experience in emotional intelligence training, professional management coaching and human behavior in the workplace.

**Hosted by the  
Parenting Continuum**

<https://www.parentingcontinuum.org/>



**R.J. Fisher Middle School**  
19195 Fisher Ave,  
Los Gatos, CA 95032



Tuesday, 10/24/23  
7:00 PM - 8:30 PM

SAVE  
THE

**DATE: 10/24/2023**

## Parenting with Compassion

What would your relationship with your children be like if you had less parental anxiety, worry, frustration, shame, or guilt?

Join us for an evening with Sonya to find out what may be getting in your way and how to break free of these challenges.



For a full experience in the discussion scan the QR code above to complete your free personal Saboteurs Assessment prior to the event.



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