

PTA

Comprehensive Sexuality Education Overview



**WE
BELIEVE:**

Parents/
caregivers
are their
children's
primary
sexuality
educators.

SCHOOLS ARE RESPONSIBLE FOR PROVIDING:



- ❖ fact based,
- ❖ unbiased,
- ❖ medically accurate,
- ❖ age appropriate

knowledge and **skills** in order to promote the **best possible health outcomes** for **ALL students.**



Parents/caregivers and schools can work together to meet the needs of the student community

HIGH QUALITY COMPREHENSIVE SEXUALITY EDUCATION...

- Kindergarten through 12th grade;
- Is age-appropriate, medically-accurate;
- Includes topics related to sexuality: human development, relationships, personal skills, sexual behaviors including abstinence, sexual health, and society and culture; and
- Provides students with opportunities for learning information, exploring their attitudes and values, and developing skills for communication and responsible decision making.

CSE HAS BEEN SHOWN TO:

- Reduce the frequency of sexual activity
- Reduce number of sexual partners
- Reduce bullying
- Delay sexual initiation
- Increase contraceptive use and reduce unintended pregnancies
- Increase condom use and lower incidence of STDs and HIV



CSE HAS BEEN LINKED TO:

- Preventing child abuse
- Promoting social emotional learning
- Advancing gender equity
- Promoting healthy relationships, reducing risks of sexual assault and intimate partner violence
- Increasing health and well-being and academic success of LGBT youth



<http://www.advocatesforyouth.org/publications/1487>
Constantine, N. (2008).

WHY WAS THERE A NEED TO AMEND THE EDUCATION CODE IN 2016?



- Technology- increased access to information
- Sex education in many schools still did not comply with CA Ed Code
 - Missing required content
 - Inaccurate/biased information
 - Outdated materials
- System continued to marginalize segments of the student population

Combelleck and Brindis (2011) Uneven Progress: Sex Education in California Public Schools

CALIFORNIA HEALTHY YOUTH ACT (CHYA) - 2016

Comprehensive Sexuality Education Instruction
(including HIV) **is mandated**

- Purpose: to protect and promote good health and safety
- Strengthens and clarifies required content - some new requirements and required topics
- More inclusive tone, prohibits discrimination - expands and strengthens existing requirements that instruction and materials be appropriate for students of all sexual orientations and genders.

REQUIREMENTS

- ✓ At least once in **junior high/middle school** and at least once in **high school**, starting in grade 7

EDUCATION CODE 51934(a)

- ✓ **Age-appropriate**

EDUCATION CODE 51933(a)

- ✓ **Medically accurate and objective**

EDUCATION CODE 51933(b)

REQUIREMENTS

ALL GRADES, INCLUDING
ELEMENTARY

- ✓ **All components** align with and support the purpose of the California Healthy Youth Act.

EDUCATION CODE 51933(c)

- ✓ Tone and content consistent across all instruction and materials.
- ✓ Regardless of who provides *each* component.

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY

- ✓ **Knowledge and skills based.**
EDUCATION CODE 51930(b), 51933(g), (h)
- ✓ **Not promoting of any religious doctrine.**
EDUCATION CODE 51933(i)
- ✓ **Accessible to:**
 - ✓ English learners, and
 - ✓ Students with disabilities.EDUCATION CODE 51933(d)(2), (3)

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY

✓ Do not reflect or promote **bias** against any person on the basis of:

- ✓ Disability
- ✓ Gender
- ✓ Gender identity
- ✓ Gender expression
- ✓ Nationality, race, or ethnicity
- ✓ Religion
- ✓ Sexual orientation

EDUCATION CODE 51933(d)(4); *see also*
EDUCATION CODE 220

✓ Culturally **inclusive** and **appropriate** for students of all:

- ✓ Races
- ✓ Genders
- ✓ Sexual orientations; and
- ✓ Ethnic and cultural backgrounds

EDUCATION CODE 51933(d)(1)

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY

- Must affirmatively recognize that people have different sexual orientations and include same-sex relationships in examples EDUCATION CODE 51933(d)(5)
- Include instruction on:
 - Gender
 - Gender expression
 - Gender identity
 - The harm of negative gender stereotypes



EDUCATION CODE 51933(b)(6)

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY



- ✓ Encourages students to communicate with **parents, guardians, or other trusted adults** and provides knowledge and skills necessary for these discussions.

EDUCATION CODE 51933(e)

REQUIREMENTS

ALL GRADES, INCLUDING ELEMENTARY



- ✓ Teaches the value of and prepares students to form and **maintain healthy, committed relationships** based on mutual respect and affection, and are **free from violence**, coercion, and intimidation.

EDUCATION CODE 51933(f), (g)

REQUIREMENTS

GRADES 7-12

- ✓ Nature and transmission of HIV and other STIs.
EDUCATION CODE 51934(a)(1), (2), (5)
- ✓ HIV and STI prevention and treatment.
EDUCATION CODE 51934(a)(4), (6)
- ✓ Social views on HIV and AIDS, including stereotypes and myths, and emphasizing:
 - ✓ Successfully treated HIV-positive individuals have a normal life expectancy;
 - ✓ All people are at some risk of contracting HIV; and
 - ✓ The only way to know if one is HIV-positive is to get tested.

EDUCATION CODE 51934(a)(7)

REQUIREMENTS

GRADES 7-12

- ✓ Effectiveness and safety of all FDA-approved contraceptive methods.
EDUCATION CODE 51934(a)(9)
- ✓ Abstinence as the most certain way to prevent HIV, STIs, and unintended pregnancy.
EDUCATION CODE 51934(a)(4), (6)
- ✓ Value of delaying sexual activity, *while mentioning other methods of preventing HIV, STIs, and unintended pregnancy*. EDUCATION CODE 51934(a)(7)

ABSTINENCE-ONLY EDUCATION IN CALIFORNIA
HAS BEEN STRICTLY PROHIBITED SINCE 2004.

REQUIREMENTS

GRADES 7-12

- ✓ Includes information about pregnancy, including:
 - ✓ The importance of prenatal care;
 - ✓ Objective discussion of all legally available pregnancy outcomes, including parenting, adoption, and abortion; and
 - ✓ Information about the CA newborn safe-surrender law.

EDUCATION CODE 51934(a)(9)

REQUIREMENTS

GRADES 7-12

- ✓ **Sexual assault, adolescent relationship abuse, and intimate partner violence.**
EDUCATION CODE 51934(a)(10)
- ✓ **Sexual harassment.**
EDUCATION CODE 51934(a)(10)
- ✓ **Sex trafficking.**
EDUCATION CODE 51934(a)(10)
- ✓ **Local resources and student rights about:**
 - ✓ Accessing sexual and reproductive health care; and
 - ✓ Assistance with sexual assault and intimate partner violence. EDUCATION CODE 51934(a)(6)

PARENTAL NOTIFICATION & OPT-OUT

EDUCATION CODE 51938

At the beginning of the school year...*

Notice: Districts must notify parents of the instruction and provide them with opportunities to view the curriculum and other instructional materials.

Opt-out: Districts must also allow parents to remove their student from instruction if they so choose, using a passive consent (“opt-out”) process in which **parents must request in writing** that their student not receive the instruction.

Districts may not require active consent (“opt-in”) by requiring that students return a permission slip in order to receive the instruction. This applies to all grades, including elementary.

SUSD CSE Working Group

Purpose: The purpose of this committee is to make a recommendation to the SUSD Board of Trustees regarding comprehensive reproductive health content and curriculum materials for elementary and middle school students.

Members:

Role	Number
Parents (from all 4 schools and SHS)	11
5th grade teachers (one from each school)	3
RMS teachers	2
District Behavioral Specialist	1
Administrators (elementary principal, RMS VP, Asst. Supt.)	3
District Nurse	1
Director of Bay Area Communities for Health (consultant)	1



Outcomes for 2016-17

- Networking with other districts and community organizations (BACHE)
- Formation of CSE Working Group
- CSE Working Group learned about CHYA and CSE curricular programs
- Refined review of programs: Health Connected, Positive Prevention Plus, 3Rs (Rights, Respect, Responsibility)
- Two Parent Workshops: CHYA and parent skill-building

SUSD CSE Timeline & Process: 2017-18

September 2017 - April 2018 (7 meetings)	CSE Working Group Meetings
Fall 2017	CSE presentations to PTA
November 28 @ 6:30-8 @ RMS	CSE Parent Workshop - CA Healthy Youth Act and CSE in SUSD
January/February 2018	Parent Forums
Spring 2018	CSE Parent Workshops (Skill-Building)

SUSD CSE Timeline & Process: 2017-18

February 28, 2018	CSE Board Study Session
March 2018	CSEWG decision on two programs to pilot
March/April 2018	Parent review of two programs and parent survey
March/April 2018	Trainings of 5th and 8th grade teachers on two CSE programs
April/May 2018	Teach pilot curriculum to 5th and 8th graders
April/May 2018	Survey of students and teachers
May/June 2018	<i>Evaluation of pilot programs and decision on recommendation</i>

SUSD CSE Timeline & Process: 2018-19

September 2018	CSE Working Group Recommendation to SUSD Board of Trustees
September 2018	Board Action on CSE Working Group Recommendation
2018-2019	Teacher training, teach CSE to 5th & 8th graders

Community Engagement and Communication

- Accessibility of curriculum for parents to review
- Presentations at PTA meetings (Argonaut and Redwood TBD)
- Informal discussions at Principals' Chats/Coffees
- Continue to discuss at "Coffee with Cabinet" parent meetings at schools
- Parent Surveys
- SUSD CSE Website resources: <https://www.saratogausd.org/CSE>
- CSE Parent Workshop Series (Nov, Jan, March, May)
- Flyers and presentations translated into Mandarin

**THANK YOU and
Q&A**

