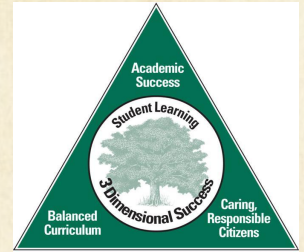


CHALLENGE  
**SUCCESS** presents



SARATOGA UNION  
SCHOOL DISTRICT

The  
Well-  
Balanced  
Student

**TUESDAY, FEB 12**  
7:00 to 8:30 PM

**FOOTHILL ELEMENTARY SCHOOL**  
**MULTI-PURPOSE ROOM**  
13919 Lynde Ave. Saratoga

**A PRESENTATION FOR**  
**SUSD Parents**  
*(Mandarin Translation Available)*

LEARN RESEARCH-BASED STRATEGIES FOR RAISING HEALTHY CHILDREN IN TODAY'S FAST-PACED WORLD.

When we are too focused on grades and performance, we deny our children the time and energy they need to tackle the demanding work of growing up. In this presentation, you'll learn how you can establish a healthier home environment, reduce academic stress without sacrificing achievement, and increase your children's resilience, creativity, and well-being.

**FREE CHILDCARE AVAILABLE:** [Childcare Registration Link](#)

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